

EXPERIENCE SYMBIOSIS LIVING

EXCLUSIVE SUSTAINABLE RESORT
IN THE SOUTH OF TENERIFE

TENERIFE

General information



SYMBIOSIS LIVING
Restore Your Bond With Nature

www.symbiosisliving.com

Like the big Island of Hawaii, Tenerife is the second most diversified Island on the planet regarding its climate and animal fauna. There are 2 reasons for that: the Teide mountain that culminates at 3800 meters and the lower latitude position above Africa.

CLIMATE:

It lies at the same latitude as central Florida, in the subtropical zone. Tenerife is called “an eternal spring Island” due to its warm, dry tropical climate with an average of 18–24 °C (64–75 °F) in winter and 24–28 °C (75–82 °F) in summer. Most of the days throughout the year are full of sunshine and low precipitation periods except on the mountain areas. In the southern part, where the resort is located, there are only 10 days of rain per year, so the Sun and warmth is almost guaranteed.

CONNECTIONS WITH EUROPE:

As Tenerife has become very popular with 8 million visitors per year, it has developed solid logistics. There are 2 international airports with regular direct flights from all European capitals:

- Madrid – Tenerife (2h 55min)
- Barcelona - Tenerife (3h 25min)
- Paris-Tenerife (4h 15min)
- London-Tenerife (4h 25min)
- Frankfurt-Tenerife (4h 50min)
- Berlin-Tenerife (5h 25 min)

The highway infrastructure enables crossing the island in 1h 15min. Therefore, within a very short time you will be able to visit multiple sightseeing points.

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Teide Volcano: If measured from the ocean floor, it is at 7,500 m (24,600 ft) the fourth-highest volcano in the world and is described as Earth's third-tallest volcanic structure making it the most visited National park in Europe.

Encountering dolphins and whales in their wild environment is awe-inspiring. The south of Tenerife is classified as one of the world centers for whale and dolphin watching year-round with some 500+ short-finned pilot whales as well as bottlenose dolphins.

The cleanest, clearest skies in Europe
The Canary Islands are recognized on an international level for the exceptional conditions to observe the stars. The quality of the sky is such that it is protected by the Astronomical Quality Law of the IAC Observatories.

Tenerife is also famous for its wine and winetasting experiences at local vineyards, tropical botanical gardens, aqua park etc.



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**OUTDOOR
EXCURSION**

Tenerife sets a few world records. Thanks to Teide, an active volcano at 3718m, it sets a record as a second Island in the world, after Hawaii, with diversified climate. Crossing from the south to the north on the way to the volcano, you encounter a desert landscape, Millenaries forest pine trees, lunar and colorful landscapes by the volcano, followed by humid tropical forest in the north.

If measured from the Ocean floor, it is 7,500 m (24,600 ft), making it the fourth-highest volcano in the world, described by UNESCO and NASA as the Earth's third tallest volcanic structure. It is the most visited national park in Europe.

The entire Mount Teide National Park is a unique geological treasure in which the volcanos, craters, vents, lava-flows and different materials form an impressive array of shapes and colors. You will be surprised by the diversity of Las Cañadas del Teide, blown away by its huge rivers of petrifying lava and impressed by the eroded rocks and colossal dimensions of this mineral chaos. On the other hand, the spring delights you with wonderful, exquisite flowers and gentle aromas.

EXPERIENCE POWER



Explore the highest mountain in Spain on this hiking tour without having to walk the entire way. Enjoy reaching the top of the mountain with the help of the cable car, including the necessary permits. On this tour you will take the cable car up Mount Teide – from 2350 to 3550 meters high. You will then walk the remaining 170 meters. No other place in Tenerife offers such fantastic panoramic views of the entire island across to the neighboring islands. After a rest on the summit you will descend to the cable car station and travel back down by cable car. Enjoy a photo stop at Roques de Garcia and make the most of the perfect views to take amazing photos.

Mount Teide Hiking & Cable car



Discover the fascinating world of astronomy and skies as one of the best stargazing experiences in the world.

Tenerife has the cleanest, clearest skies in Europe. The quality of the sky is such that it is protected by the Astronomical Quality Law of the IAC Observatories and has the privilege of having three Starlight Reserves and a hallmark that confirms the low level of light pollution in the area.

83 out of 88 officially recognized constellations are visible from Tenerife. You can view all the constellations of the Northern Hemisphere and most constellations of the Southern Hemisphere.

EXPERIENCE INFINITY

3 Hour tour overview:

The Anaga Rural Park is a Natural Biosphere Reserve, renowned for its stunning scenery and native Canarian laurel forest. On this half-day tour, enjoy a guided hike through the park and benefit from a more personalized experience with a small-group size. Along the way, stop at the Cruz del Carmen Visitor Center to learn more about the region and admire a huge variety of plant life, including junipers, dragon trees, and palm trees.

5 Hour tour overview:

You will be amazed by the landscapes offered by the wide Anaga Natural Park while you will be hiking through its mountains on a route of approximately 15km.

8 Hour tour overview:

On 19th December 1994, this area was reclassified as Anaga Rural Park, creating a further three sectors within the confines of the park: Ijuana Integral Nature Reserve (T-1), El Pijaral Integral Nature Reserve and Los Roques de Anaga Integral Nature Reserve, and they were awarded the highest degree of environmental protection in order to guarantee the conservation of their fragile ecosystems. Access is also controlled to Monte de Aguirre, a rare ancient laurel forest.

Amazing Anaga



Masca – 2 hours

First we head west where we visit the small hidden village of **Masca** in the middle of the Teno area. Here we have time to take some pictures, and for a break next to the local church with a beautiful huge ficus tree of a few hundred years old. We drive on to the next village los Carrizales where we have the opportunity for a short walk. Furthermore, we drive along the winding road over the mountain and arrive on the north side of the island where local agriculture clearly dominates.

Garachico - 2 hours

The following stop in the village of Garachico which was completely rebuilt after the city was completely destroyed by the lava flow of the black volcano in 1706. Here we have time to step past the old castle of San Miguel, the church of Santa Ana and the park where we can see an old wine press. In Garachico we offer you a delicious coffee with cake.

Teide National Park - 2 hours

Then we drive to the very beautiful viewpoint of the village Chirche for a short photo break. Subsequently we continue to a 500 year old lava flow from the volcano "Boca Cangrejo", with the view to the neighbouring island of La Gomera. Thereafter we drive a little further in to the Teide National Park, and we arrive at a place where we have the opportunity to take a short walk to the crater of the Sámara volcano ...

DAY TRIP

Masca

Garachico

Teide National Park



WINE TASTING

Location: **ICOD de Los VINOS**

Duration of the whole activity: **5 to 6 hours**

Min and max number of people possible to attend: **Group of 25 to 30 people**

What is included:

Minibus (+ van) – pick up & dropoff
Official guide

Visit & tasting “Bodegas Cambium”
Gold medal in International Awards
Virtus Lisboa 2021 Favourite wine of 1 star Michelin, “Rincon de Juan Carlos”

Guided walk at the historical town of Icod de Los Vinos

Visit & tasting “Museo de la Malvasía”
– Gardens, Drago

7 wines + tapas (goat cheese, local mojos & bread)

Wine Tasting



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WATER EXCURSION



The boat cruise is a complete experience fulfillment. You will be mesmerized by the magnificent landscape of «Los Gigantes» wild untouched cliff that is sheltering the fishing harbor. The cliffs represent a basaltic-type – volcanic – geological accident characterized by its vertical walls, which fall into the ocean from heights ranging between 300 and more than 600 meters.

The underwater geological topography is drastic - dropping to 2000 meters close to the shore. It hosts a very rich, wild, untouched ecosystem where a diversity of life thrives such as whales, sharks, giant squids etc.

Encountering dolphins and whales in their wild environment is awe-inspiring. The south of Tenerife is classified as one of the world centers for whale and dolphin watching year-round with some 500+ short-finned pilot whales as well as bottlenose dolphins. There is also an abundance of other whale and dolphin species in these waters, just offshore like sperm whales, beaked whales, and various tropical dolphins.

Refresh and reset. Take a dip in the crystal-clear water during the trip at a cove, swim to the beach and feel the impressive vertical rocks above you!

EXPERIENCE WILDNESS



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Feel the experience of driving your own Kayak in the ocean on your own or with friends in a great adventure. We bring to you the way for rent our kayaks for your next adventure and also, learn the basic skills of kayaking. After that, you are ready to go on our Kayaks and explore! Good luck!

Your tour can begin in the Kayak, then you can find all the curiosities and amazing nature of the area. Feel right in the action while Kayaking and watching the different sea life of the island.

Do not miss the island from this beautiful point of view and...have a good trip and enjoy!

Overview of the highlights when driving a Kayak in the ocean, a fun and relaxing experience.

Discover the species in the coast of Tenerife south from a kayak point of view!

Whether you're an experienced paddler or you've never sat in a kayak, this tour is a great day out for you and the whole family. The kayaks are very stable, so you can relax and enjoy the ride!

With a kayak, you can access areas that normal boats would not be able to reach. We are sure you will have lots of fun.

KAYAK

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SYMBIOSIS LIVING
Biodiversity - Food - Water - Health



STAND UP PADDLE has been a sport that has been on the rise for several years and our clients enjoy nature in a non-invasive way in the Tenerife ocean.

We refer to this activity as **STAND UP PADDLE** (or with its initials: SUP) to physical activity that consists of sliding on water with a boat similar to a surfboard, but larger, and in which the user propels standing with a shovel similar to those used in canoes but of much greater length.

STAND UP PADDLE has been a sport that has been on the rise for several years and our clients enjoy nature in a non-invasive way in the Tenerife ocean, while taking a peaceful paddle trip.

Enjoy sailing with our paddle boards along the Palm-mar coast, in a spectacular setting and spend a great day doing this excursion.

We can give you private classes or you can directly rent our **STAND UP PADDLE** boards and enjoy a fantastic experience!

STAND UP PADDLE



YOUR FIRST WAVE

The fastest, easiest and most secure way to surf “your first wave” is to take a surfing class with us. We have qualified instructors in both surf and water rescue, and with proven experience, since our priority is to guarantee the safety of the student, and of course, his learning. We have qualified instructors in Surfing Class and in water rescue with a proven experience, as our priority is to ensure the safety of the student, and of course, their learning. You will be able to enjoy an initiation course in a privileged environment with warm waters and sun throughout the year. You will learn with optimal conditions facilitating the “standing up”, In a natural environment with these conditions that greatly favors learning and this create an unforgettable experience.

- Board for learning
- Wetsuit to guarantee body heat and to avoid skin irritations with the material.
- Protective
- Colored Lycra
- Escarpiens
- Accident insurance (during sports)
- Theoretical Class of 30 minutes
- Practical Class at the sea for 1 hour and 30
- Monitor available for the student during all classes both theoretical and practical. To guarantee first, a greater control in the safety of the students and secondly to ensure that the learning is completely effective.

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SURF

SYMBIOSIS LIVING
Creating a New World Within



KITESURF TENERIFE

TRADE WINDS PREDOMINATE OVER THE CANARY ISLANDS. THEY BLOW FROM THE NORTH EAST 60% OF THE WHOLE YEAR, WITH NICE AND COMFORTABLE WEATHER. HIGH SEASON STARTS IN MARCH AND ENDS IN SEPTEMBER.

3 DAYS

9 HOURS

THE COURSE CONSISTS OF:

#Day 1

Time: 3 hours

We explain safety and security rules of kitesurfing. Then how to set up kites and launch on the sand. You must learn everything about how to take control of the kite on the sand. Finally, exercises with the kite.

#Day 2

Time: 3 hours

Control of the kite on the water without any board. We start to relaunch it making body drag, that means going up and coming down to the same point you start.

#Day 3

Time: 3 hours

We are going to the water and trying to stand up on the board. We do our best to make the students to be independent from the instructor at this level.



KITE SURF

SYMBIOSIS LIVING

WINDSURFING & KITESURFING



UNIQUE WINDSURF

FROM BEGINNER TO WORLD CHAMPIONS, WE ARE HERE FOR YOU TO MAKE YOU COME OFF THE WATER WITH A BIG SMILE ON YOUR FACE.

Enjoy your windsurf sessions in board shorts or summer wetsuit at the world's only genuine test- race- and rental center.

We are **100% windsurfing** and **100% dedicated** to make your windsurf trip the best you ever had!

We offer you, **365 days per year**, the highest quality windsurf gear available combined with our valet rigging service. The unique conditions El Medano has to offer makes a trip to Tenerife Windsurf Center an unforgettable one.

WE MAKE YOU SMILE

WHETHER IT'S PLUS 40+ KNOTS AND YOU WANT TO SAIL 3,2 OR SMALLER OR IT'S A NICE AND CALM FOILING, FREE RIDE OR SLALOM RACING DAY, WE PROVIDE YOU WITH THE GEAR THAT SUITS YOU.

With over 120 of the latest race, freeride and wave sails and more than 95 boards from eight different brands – all rigged on premium masts, full carbon booms and in the lightest and strongest, most expensive board constructions – TWS and it's friendly, experienced, multilingual staff will help guide you to find the most effective gear for your needs.

www.symbiosisliving.com

WIND SURF

SYMBIOSIS LIVING

Make your windsurfing dreams come true

at the world's only genuine test- race- and rental center



DIVES AT OUR TURTLE BAY

Our Dive Center is 100m away from one of the best maritime reserves on Tenerife. When you enter the water within a few minutes you will be overwhelmed by the beautiful rock formations, caves, canyons and an intact eco system. The highlight of the dive is the turtles that are living here in Alcalá.

Also Rays, Angel sharks, Shoals of Roncadores, Snake's etc.

One of the main reasons we open our Diving Center in Alcalá.

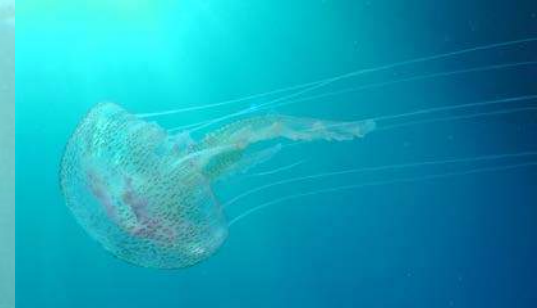
Night diving here is an unforgettable experience.

WRECK DIVES

In 2006 in the fishing village of Tabaiba close to Santa Cruz de Tenerife the tug boat "El Pejin" was sunk here. The wreck has been prepared for divers, and so you can enter nearly every part of it (engine room, cabin...). The ship formed an artificial reef, so you will find a lot of marine life at this dive site: cuttlefish, octopuses, trumpet fish, anemones and barracudas.

One of Tenerife's best wreck dives.

SCUBA DIVING & SNORKLING



Private charter for Fishing

If you want to enjoy the island in an unusual way, we offer you the opportunity to see it from the sea on board of our exclusive yacht with **4 hour trips**. Convince your friends or family to set sail **aboard our White Dreams** and enjoy a unique experience.

A perfect plan to enjoy with your loved ones at sea, under the sun and enjoying the best views and perspectives of the island of Tenerife. During the trip we will offer drinks on board (soft drinks, beers and water)

Due to the current situation, we will not offer food service on any of our trips, but the client may bring on board whatever he or she considers appropriate.

Tuna Fishing

The Blue fin tuna season is arriving quickly, book your Private Charter today and get the chance to catch and release a Giant Blue Fin Tuna. Don't miss out on this amazing experience, Tuna fishing! Take a trip on the *No Limits Two*, and you'll get the chance of catching some of the different kinds of Tuna: Blue Fin, Yellow fin, albacore, Big eye and Skipjack. This is considered for many anglers as the epitome of fishing, **an extreme but enriching experience**.

FISHING

